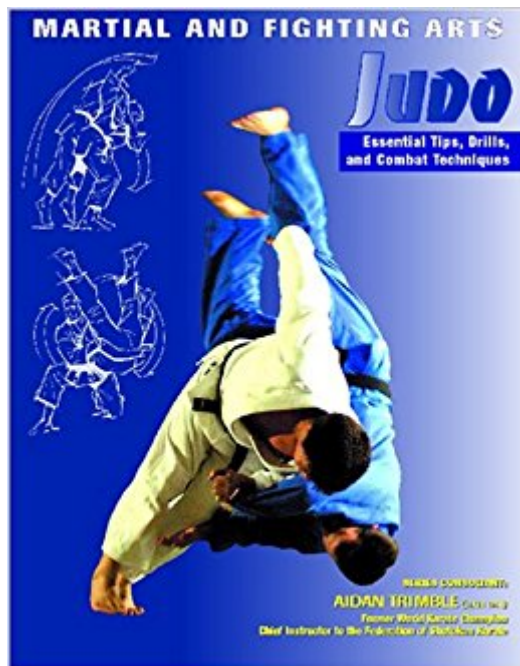


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Judo (Martial And Fighting Arts)



Synopsis

This series encourages readers to discover the skills required for martial arts. Each title presents one of the arts, explores how it has been developed and how it works today, including famous fighters and international competition. There are step-by-step instructions for holds, throws and other techniques, and advice on safety and locations to learn about martial arts. --This text refers to an out of print or unavailable edition of this title.

Book Information

Series: Martial and Fighting Arts

Library Binding: 96 pages

Publisher: Mason Crest Publishers (October 1, 2002)

Language: English

ISBN-10: 1590843894

ISBN-13: 978-1590843895

Product Dimensions: 9.2 x 8.1 x 0.4 inches

Shipping Weight: 1 pounds

Average Customer Review: 1.0 out of 5 stars 1 customer review

Best Sellers Rank: #7,984,596 in Books (See Top 100 in Books) #45 in [Books > Teens > Sports & Outdoors > Martial Arts](#) #882 in [Books > Children's Books > Sports & Outdoors > Martial Arts](#)

Age Range: 12 and up

Grade Level: 7 and up

Customer Reviews

The whole series from Mason Crest is poorly written, poorly researched, and way too expensive. Their whole series is not even worth giving away.

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